

CURRICULUM VITAE



MINGMA TEMBA SHERPA

SENIOR CLIMBING SHERPA AND TREKKING GUIDE

Mobile No: +977 - 9841371755 Email: mt.sherpa2017@gmail.com

GENDER:

Male

NATIONALITY:

Nepali

MARITAL STATUS:

Married

DATE OF BIRTH:

19 Jan 1980 AD

EDUCATION:

S.L.C

PERMANENT ADDRESS:

Yaphu-09,
Sankhuwasabha

TEMPORARY ADDRESS:

Thali-05
Kathmandu

LANGUAGE:

Nepali, English,
and Hindi

HEIGHT:

1.75m

WEIGHT:

95 kg

FATHER'S NAME:

Yang Dorchi Sherpa

MOTHER'S NAME:

Joma Sherpa

CONTACT:

Satori Adventures (P.) Ltd.
Thamel Kathmandu
Tel: +977 - 01 4965127

TRAINING

- General Mountain Safety Course 2025
- Advance Mountaineering 2013
- Basic Mountaineering 2011
- Self Rescue Training 2007
- Trekking Guide Training 2006
- Introductory Training 2006

8000M SUCCESSFULLY SUMMMITED MOUNTAINS

- Mount Everest (South): 2008, 2011, 2012, 2019, 2022, 2023
- Mount Everest (North): 2006, 2007, 2009, 2016, 2018
- Mount Manaslu: 2016, 2017, 2018, 2019, 2020, 2023
- Mount Cho-Oyu: 2009, 2010, 2015
- Mount Annapurna: 2021
- Mount K2: 2022
- Mount Lhotse: 2025

7000M SUCCESSFULLY SUMMMITED MOUNTAINS

- Himlung Climbing 2014, 2017, 2018, 2023
- Putha Himchuli 2019
- Muztagata 2 times in 2017
- Amadablam Climbing 2011, 2013, 2017, 2019, 2022, 2023

6000M SUCCESSFULLY SUMMMITED MOUNTAINS

- Island Peak 27 times
- Mera Peak 11 times
- Lobuche East Peak 29 times
- Chulu East, Chulu Far East, Pisang Peak, Yala Peak, Nayakanga Peak

OTHERS

- Mount Kazbek 2017 (Being 1st Nepali citizen to summit)